

The Health Department provides leadership in promoting & assuring environmental & individual health through education, regulation, health promotion, disease prevention & detection.

The Health Department is responsible for assisting the community & its citizens to assume responsibility for both individual health & the health of the community.

ENVIRONMENTAL HEALTH

BUG IDENTIFICATION: Ticks, bed bugs, roaches, beetles, etc.

ENVIRONMENTAL COMPLAINTS/SURVEILLANCE: Air, water, noise, heat, solid waste, & general public health nuisances.

ENVIRONMENTAL INFORMATION: Provide general & technical information on chemical & physical materials, including radon, asbestos, lead & others.

LEAD POISONING RISK ASSESSMENTS & INSPECTIONS: Lead information. Provide testing for lead paint on premises of children with elevated blood lead levels when referred by the State Health Department.

FOOD ESTABLISHMENT SERVICES: Food safety & food service inspections, investigate complaints, present food handling courses for employees.

HAZARDOUS MATERIALS: Respond to & investigate situations involving hazardous materials, including bioterrorism.

PUBLIC POOL/SPA INSPECTIONS: Conduct inspections & complaint investigations. Obtain water quality reports weekly.

RODENT CONTROL: Provide evaluation & advisement to remedy rodent problems. Provide baiting of public parks & other city properties.

RIGHT TO KNOW/HAZARD COMMUNICATIONS TRAINING: The following efforts are headed by our Hazmat Coordinator: Implementing & maintaining the Community Right To Know Surveys, organizing the Hazardous Materials Control Board, training & educating at risk city employees who work with potentially hazardous materials.

NURSING & HEALTH SERVICES

- Communicable disease control: hepatitis, meningitis, salmonella, shigella, pertussis, & others.
- Childhood Lead Case Management.
- Referrals for home health problems, adult immunizations, TB testing, low cost health services, & screenings for STDs & female cancer.

Our clinics and screenings are available to Clifton and Little Falls residents.

Clinical Services (By Appointment Only)

BODY MASS INDEX SCREENING*: This screening will help assess your risk for developing obesity & associated diseases.

BONE DENSITY SCREENING*: An ultrasound of the forearm identifies people at risk for osteoporosis.

BLOOD DRIVE*: Blood donation opportunity held at least twice a year.

BLOOD LEAD SCREENING: Identifies children who are at risk for elevated blood lead levels.

BLOOD PRESSURE SCREENING: Measures the pressure in your arteries as your heart pumps. Please call for appointment.

CARDIAC ASSESSMENT*: Learn your cardiac risk through cholesterol testing, blood pressure, BMI/Body fat composition, & waist circumference.

CHOLESTEROL & GLUCOSE SCREENING*: Blood test for total cholesterol, HDL, LDL & triglycerides; blood test for glucose.

DENTAL CLINIC: Available to school age children without dental insurance.

FLU CLINIC: Influenza shots for adults & children.

HEARING SCREENING*: Screening to determine if more extensive hearing tests are required.

IMMUNIZATION CLINIC: Required immunizations for pre-school & school age children who are uninsured or have Medicaid Part A.

MEMORY ASSESSMENT*: A one-on-one memory assessment to address memory loss, risks & hygiene.

ORAL CANCER SCREENING: Examination of teeth, gums, tongue, & cheeks for pre-cancerous lesions.

PODIATRY SCREENING*: Screening for abnormalities of the foot & ankle.

PROSTATE SCREENING*: PSA blood test & digital rectal exam for men between ages 50 - 75 years old.

SKIN CANCER SCREENING*: Screening for skin abnormalities.

STROKE SCREENINGS*: Evaluate your risk for stroke through cholesterol testing, blood pressure, pulse check, carotid artery assessment & stroke-related counseling.

VEIN SCREENINGS*: Free blood circulation education & lower leg vascular ultrasound demonstration.

VISION SCREENING*: Examination for cataracts, glaucoma, & vision difficulties. No prescription given.

WELL BABY CLINIC: Health appraisal, pediatric exam & immunization of uninsured infants & pre-school children up to age 5. Emphasis on prevention & maintaining health of the well child. Not for sick children.

** This screening is co-sponsored with an outside agency.*



HEALTH EDUCATION

- Focuses on promoting, protecting and improving the health of individuals, communities, and organizations by providing up-to-date information on ways to make healthy behavior changes.
- Uses pamphlets, newsletters, press releases, flyers, public service announcements, programs, City website, & social media to provide relevant education to various audiences.
- Plays a vital role in developing new policies & standards that address existing & emerging challenges to our community's health.

SCHOOL HEALTH EDUCATION: Available to non-public & public schools for program consultation & implementation. Examples include education on handwashing, nutrition, dental health, sun safety, vaping/smoking, stress relief, etc.

SPEAKER SERVICE: Programs on a variety of health topics to various types of groups, ranging from children to seniors. Programs offered by Health Educator and/or in partnership with other organizations. Examples include presentations on heart disease, diabetes, influenza, falls prevention, smoking/vaping, nutrition, etc.

HEALTH INFORMATION: Provide & distribute educational materials on various health topics to help individuals make wise health decisions.

EMERGENCY PREPAREDNESS: Focuses on educating citizens on how to prepare for & protect themselves during public health emergencies including those from chemicals, biological, radiological, nuclear & explosives.

PANDEMIC INFORMATION: Information, programs & presentations are available on previous historic pandemics, current pandemic events & predicted future events.

BLOODBORNE PATHOGENS EDUCATION: Required training for at-risk city employees who may come in contact with blood & other potentially infectious material.

ANIMAL CONTROL

ANIMAL COMPLAINTS:

Wild animal problems & bites. Call 973-470-5760.

DOG LICENSING:

Call 973-470-5760.

LOST/FOUND & UNWANTED ANIMALS:

Call 973-470-5761.

PET ADOPTION:

Call 973-470-5936.

(Monday - Friday, 6:30 PM - 8:30 PM;

Sundays, 12:00 PM—4:00 PM)

RABIES IMMUNIZATION CLINIC:

Held in May & November of each year.

Updated 11/2021



Like Us On Facebook:

www.facebook.com/cliftonhealth



Follow Us On Instagram:

@cliftonhealth

The Clifton Health Department is a contractual health agency serving the Township of Little Falls.

Clifton Health Department Mission Statement

In partnership with the community, work to prevent disease, promote and protect health and well-being, and enrich quality of life for those who live and work in our community.

Clifton Health Department

Community Services



Clifton Health Department

Public Health

Prevent. Promote. Protect.

**900 Clifton Avenue
Clifton, NJ 07013
(973) 470-5760
www.cliftonnj.org**

**Health Officer:
John E. Biegel III, MA**

**Senior Registered Environmental
Health Specialist:
Nino Intili, REHS**

**Nursing Supervisor:
Barbara Luzniak, BSN, RN**

**Health Projects Coordinator:
Jennifer Kidd, MA, CHES**

**Health Educator:
Loyal Helwani, BS, CHES**